

Adult ADHD Assessment

Welcome

Thank you for your interest in booking an ADHD Assessment with Access Psych. This handout provides a brief overview of what to expect if you choose to proceed with an assessment. Our aim is to help you feel informed, supported and comfortable throughout the assessment journey.



What does an assessment involve?

An ADHD assessment at Access Psych is a 4-step process:

- 1. Complete Questionnaires**
You and someone who knew you in childhood will complete online questionnaires.
- 2. Assessment Appointment**
You will attend a 120-minute assessment with a psychologist, either online or in-person.
- 3. Report Writing**
After the appointment, your psychologist will prepare a diagnostic report.
- 4. Feedback Session**
In your feedback session, your psychologist will explain the outcome and provide recommendations.

Fees & Rebates

An ADHD Assessment Package is **\$1,750.00**, inclusive of the comprehensive assessment session, feedback session and a formal written diagnostic report.

Medicare: Medicare rebates may apply for ADHD assessments when referred by paediatrician or psychiatrist under specific MBS items (for clients under 25).

Employee Assistance Programs (EAP): Most EAP and compensation schemes generally do not cover the cost of psychological assessments, though exceptions may be made on a case-by-case basis. If you are unsure, please consult your employer.

Ready to take the next step?

Click [here](#) to book your assessment appointment.

If you have any questions, contact us at assessments@accesspsych.com.au, call [1800 644 327](tel:1800644327) or visit our website for more information.